



MARY'S MANTLE CONSECRATION

A SPIRITUAL RETREAT FOR HEAVEN'S HELP

In preparation for our parish's Hope of the Poor Mission Trip to Mexico City on September 5-10, 2019, we are offering a wonderful opportunity for spiritual growth to all our parish family members, your loved ones, friends and neighbors, whether or not you plan to go on the mission trip. We encourage you to join us as we begin *Mary's Mantle Consecration*, a 46-day self-guided spiritual retreat, starting on July 25 and ending on September 8 (the birth of our Blessed Virgin Mary), consisting of the following:

- A daily 2-minute reading of a meditation, virtue or gift of the Holy Spirit (people's favorite part)
- A daily rosary
- A day of fasting
- Praying for each other and for our Parish's communal prayer intentions
- A final Act of Total Consecration to the Blessed Mother

While this is a self-guided daily retreat, we will have an optional weekly video and faith sharing meeting, starting on Thursday, July 25, 2019, in Parish Center C from 7:00 PM to 8:00 PM, facilitated by Deacon Ken Broz. If you cannot attend the weekly meeting, you can still participate in the retreat, watch the videos for free on YouTube, and make your Act of Total Consecration to Mary on September 8.

The 46-Day Path to Total Consecration to Our Blessed Mother Mary

Day 1	Thurs., July 25	Begin first weekly meeting – Parish Center C, 7:00 PM to 8:00 PM Video – Part 1: <i>What Does Consecration to Mary Mean?</i>
Days 2-7	July 26-31	Self-guided daily reading, rosary, fasting and praying
Day 8	Thurs., Aug. 1	Weekly meeting – Parish Center C, 7:00 PM to 8:00 PM Video – Part 2: <i>Why the Rosary Has Such Power and How to Pray it Effectively</i>
Days 9-14	Aug. 2-8	Self-guided daily reading, rosary, fasting and praying
Day 15	Thurs., Aug. 8	Weekly meeting – Parish Center C, 7:00 PM to 8:00 PM Video – Part 3: <i>The Untapped Power of Fasting to Change Our Lives and Loved Ones</i>
Days 16-21	Aug. 9-14	Self-guided daily reading, rosary, fasting and praying
Day 22	Thurs., Aug. 15	Weekly meeting – Parish Center C, 7:00 PM to 8:00 PM Video – Part 4: <i>Why Extraordinary Virtue is Needed in Our Difficult Times</i>
Days 23-28	Aug. 16-21	Self-guided daily reading, rosary, fasting and praying
Day 29	Thurs., Aug. 22	Weekly meeting – Parish Center C, 7:00 PM to 8:00 PM Video – Part 5: <i>What You Don't Know but Need to Know about Confession and Joy</i>
Days 30-35	Aug. 23-28	Self-guided daily reading, rosary, fasting and praying
Day 36	Thurs., Aug. 29	Weekly meeting – Parish Center C, 7:00 PM to 8:00 PM Video – Part 6: <i>Why are Virtues So Hard and Vices So Easy?</i> NOTE: To prepare your soul for its consecration to Mary, plan to receive the Sacrament of Reconciliation between now and Day 46, when you will consecrate yourself to the Mother of God, who will bring you intimately close to the Lord's Heart.
Days 37-42	Aug. 30-Sept. 4	Self-guided daily reading, rosary, fasting and praying
Day 43	Thurs., Sept 5	Weekly meeting – Parish Center C, 7:00 PM to 8:00 PM Video – Part 7: <i>Why Mary is the Model of Discipleship and How She Can Help You</i> NOTE: Missionaries to depart for Mexico City.
Days 44-46	Sept. 6-8	Self-guided daily reading, rosary, fasting and praying
Day 46	Sunday, Sept. 8	<i>Birth of the Blessed Virgin Mary – Make the Act of Total Consecration to Mary</i> NOTE: Mexico City missionaries will make their Act of Total Consecration to Mary at the Basilica of Our Lady of Guadalupe. St. Patrick parishioners and other participants not traveling to Mexico City will make their Act of Total Consecration to Mary immediately following the 10:00 AM Mass.

Cost and Resources Needed for the Retreat

The books entitled, *Mary's Mantle Consecration: A Spiritual Retreat for Heaven's Help* and the *Mary's Mantle Consecration Prayer Journal* will both be used for this spiritual retreat. To sign up for this retreat go to <https://www.eventbrite.com/e/marys-mantle-consecration-registration-4025034988>, or stop by the Parish Office or email Jolene Jefferies at jmjefferies@gmail.com, provide your email address, and pick up your books. Both books together will cost you a total of \$15.00. Cash or checks made payable to St. Patrick Church of Gretna will be accepted. For questions, call the Parish Office at 402-332-4444. Learn more about *Mary's Mantle Consecration* at <https://queenofpeacemedia.com/marys-mantle/>. We hope you can join us!